

Client's Name: _____

Other Services Involved for Client or Family

Substance Abuse Treatment Provider: _____

School: _____

Mental Health Services: _____

Court/Legal: _____

Other: _____

What has been tried before?

Life Domain	Strengths	Needs
Residence		
Family		
Social		
Education		
Health		
Mental Health		
Spiritual		
Legal		
Financial		

What other strengths, resources or support systems does the family have?

Client's Name: _____

Prior therapy: Prior outpatient or inpatient therapy? Y / N If yes, please describe:

Inpatient: _____

Outpatient _____

Any prior diagnostic or psychological evaluations: Y / N If yes, please list evaluators and dates _____

Any history of suicidal or homicidal thoughts, plans or actions: Y / N If yes, please elaborate _____

If there is a history of suicidal thoughts, plans or actions, are you willing to make a Safety Plan? Y / N

Legal: Past or current court involvement: Y / N If yes, please describe _____

Educational: Highest grade completed or current grade: _____ Name of School _____

Behavioral and academic concerns at school: _____ aggressive; _____ destructive; _____ talks out; _____ poor attention span; _____ distractibility; _____ trouble focusing; _____ poor academic performance; _____ poor social skills; _____ disciplinary problems; _____ oppositional-defiant; _____ other _____

Medical: Any current or prior major medical problems or hospitalizations? Y / N If yes, please list current and past medical conditions, dates and locations of hospitalizations:

Primary Physician _____ Phone Number _____

Date of last medical evaluation _____ Do you want therapist to consult with physician? Y / N

If applicable, any complications with pregnancy, labor or delivery? Y / N If yes, please describe:

Please describe any personal history of substance use (alcohol, recreational drugs, non-prescription drugs)

Current substance use? Y / N If yes, please describe alcohol or type of substance used, the frequency and amount used _____

Any known or suspected history of traumatic head or brain injury: Y / N If yes, please list dates and circumstances _____

Client's Name: _____

Medication history: Any past medication use? Y / N If yes, please list medications and dates prescribed

Please list **all** current medications (including vitamins, supplements, and over the counter medications taken regularly), dosage and dates _____

Please describe any other significant medical / developmental experiences from infancy to present)

Treatment Information and Goals:

Current diagnosis, if applicable: _____

Current symptoms, concerns or problem areas to address in therapy:

1. _____
2. _____
3. _____

Additional information about these current symptoms, concerns or problem areas:

Trigger(s) for onset of current symptoms, concerns, or problem areas:

Concerns about therapy or the therapeutic process? _____

What are your goals or expectations of therapy? Please, be as specific as possible

Are you able to commit to regular attendance? Y / N