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Client Admission Summary

Evaluation Date _____ Referred By _____

Client Name _____ Date of Birth _____

Address _____

Phone
(H) _____ (W) _____ (C) _____

Messages okay? H _____ W _____ C _____ E-mail: _____

Identifying Information: Age _____ Marital Status _____ SS#: _____

Psychiatrist/Primary Therapist: _____ **Phone:** _____

Socio-Medical-Family Background:

Name and ages of family members or people living in the house with you:

Please Check All That Apply

Family history of: _____Alcohol/ substance abuse _____Abuse/Neglect (sexual / physical /other _____)
_____Domestic Violence _____Mental illness (depression / anxiety/ other _____)
_____Parental incarceration _____Attachment or bonding problems _____Other: _____

Currently experienced by you: _____Alcohol/other substance use _____ Sexual/Physical abuse
_____Domestic violence _____Mental illness (depression / anxiety/other _____)
_____History of head trauma _____Problems related to pregnancy/labor/delivery
_____Medical conditions: _____Family concerns: _____
_____Restricting food intake _____Binge eating _____Purging/intentionally regurgitating food
Other: _____

Please include additional information on the items you checked:

Religious/Spiritual Practices:

Prior therapy: Prior outpatient or inpatient therapy? Y / N If yes, please describe:

Inpatient: _____

Outpatient _____

Any prior diagnostic or psychological evaluations: Y / N If yes, please list evaluators and dates _____

Any history of suicidal or homicidal thoughts, plans or actions: Y / N If yes, please elaborate _____

If there is a history of suicidal thoughts, plans or actions, are you willing to make a Safety Plan? Y / N

Legal: Past or current court involvement: Y / N If yes, please describe _____

Educational: Highest grade completed or current grade: _____ Name of School _____

Behavioral and academic concerns at school: ___ aggressive; ___ destructive; ___ talks out; ___ poor attention span; ___ distractibility; ___ trouble focusing; ___ poor academic performance; ___ poor social skills; ___ disciplinary problems; ___ oppositional-defiant; _____ other _____

Interpersonal Relationships

Parents: (Describe past and current relationships with parents/caregivers/guardians)

Siblings: (Describe past and current relationships with siblings/step-siblings)

Other family members: (Describe past and current relationships with other family members)

Peers: (Describe past and current relationships with friends and neighbors)

School/Work: (Describe past and current relationships with teachers, bosses, employees and coworkers)

Medical: Any current or prior major medical problems or hospitalizations? Y / N If yes, please list current and past medical conditions, dates and locations of hospitalizations:

Primary Physician _____ Phone Number _____

Date of last medical evaluation _____ Do you want therapist to consult with physician? Y / N

If applicable, any complications with pregnancy, labor or delivery? Y / N If yes, please describe: _____

Please describe any personal history of substance use (alcohol, recreational drugs, non-prescription drugs)

Current substance use? Y / N If yes, please describe type of substance, the frequency and amount used

Any known or suspected history of traumatic brain injury: Y / N If yes, please list dates and circumstances

Medication history: Any past medication use? Y / N If yes, please list medications and dates prescribed

Please list **all** current medications (including vitamins, supplements, and over the counter medications taken regularly), dosage and dates _____

Please describe any other significant medical / developmental experiences from infancy to present)

Treatment Information and Goals:

Please list your current diagnosis, if applicable: _____

Please identify current symptoms, concerns or problem areas that you would like to address in therapy:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Please feel free to add any additional information about these current symptoms, concerns or problem areas:

What triggered the onset of your current symptoms, concerns, or problem areas:

Do you have any concerns about therapy or the therapeutic process? _____

Please list your strengths and resources: _____

What are your goals or expectations of therapy? Please, be as specific as possible

Are you able to commit to regular attendance? Y / N If no please elaborate
